

Donut Run & Roll

5K Run, 1Mile Walk, Mini Donut
Run Mail In Registration

Benefiting One Chair at a Time
August 13, 2016 at John Stiff Park



5K Run 9 am \$25 Registration	1Mile Walk 9:15 am \$20 Registration	Mini Donut Run (for the little para athletes and kids up to age 10) 10 am \$15 Registration
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Registration forms are due back by
Monday, August 1, 2016 in order to
guarantee a t-shirt.

You can also register online at active.com

Forms received after the due date will not
receive a t-shirt.

Registration

There is **no** rain date and **no** refunds.

Event (please choose) : 5K Run _____ 1Mile Walk _____ Mini Donut Run _____

Last Name _____ First Name _____

Mailing Address _____

City _____ State _____ Zip _____

Day Phone _____ Cell Phone _____

Email _____

Male _____ Female _____ Age (as of 7.1.15) _____

Emergency Contact Name _____ Emergency Contact Number _____

Shirt Size: (Must be registered by August 18, 2014 to receive a t-shirt)

Youth: ____ S ____ M ____ L **Adult:** ____ S ____ M ____ L ____ XL

Waiver

I, the undersigned, accept this entry and registration as a participant in the One Chair at a Time Donut Run & Roll 5K, 1K Walk, and Mini Donut Run for Kids, waive any and all claims which I and my heirs or assigns may now or hereafter have against One Chair at a Time. I assume all risks associated with this running/ walking event on August, 15, 2015, include but not limited to falls, contact with other participants, effects of the weather, traffic, or conditions of the roads. I warrant and represent that I am in proper physical condition in order to participate in this run/walk and am not participating in this event against physician's advice nor am I taking medications that would impair my health or ability to participate in the Donut Run & Roll. If runner/walker is **UNDER AGE 18**: I hereby give permission for my son/daughter to participate in the Donut Run & Roll 5K, 1K Walk, and Mini Donut Run for Kids and officials have my permission to provide emergency treatment if necessary.

Mail complete form & fee to:
One Chair At A Time
c/o Donut Run & Roll
8125 Victory
Amarillo, TX 79119

Please make checks payable
to: **One Chair at a Time**

Packet Pick Up:
JD Tires & Wheels
6033 Canyon Dr, Amarillo, TX
Friday, August 12th
4:00 – 7:00

Signature (Parent or Guardian if under the age of 18)

Date